



ELM

EXPERTISE IN LABOUR MOBILITY

Workshops "Introduction to the Netherlands" Language, Cultural and Business information explained *Workshops run in cooperation by ITHA and Expertise in Labour Mobility*

Workshop description:

A new country, new opportunities, new challenges and ... new difficulties. Moving to the Netherlands – whether as expatriate, trailing spouse or researcher at an exchange project – may seem daunting at first, but after some time you might start to love the grey skies, the "chocolate hage!" on your sandwich and the direct way of criticising for which the Dutch praise (!) themselves .

This one-day workshop is designed to give you a head start into Dutch society. It is aimed at people who want to make the best of their period in the Netherlands and who want to get to grips with the Dutch quickly. Two specialist organisations, ITHA and Expertise in Labour Mobility, have joined forces and have designed two one-day courses that tell you all you need to know to survive your first months in the Netherlands. You will get an introduction to the Dutch language, to practical need-to-know information, to the job market, to Dutch 'cuisine' and to Dutch culture.

The one-day programme is active, joyful and aimed at individual needs. We start at 10.00 with an introduction to the Netherlands and all the difficulties around practicalities of getting started in this country (e.g. permits, health certificates, driving licenses, etc). During the morning programme for the workshop *'Living'*, we continue with an introduction to Dutch culture and finding your way into Dutch society. During the morning programme for the workshop *'Working'*, we continue with an introduction to the Dutch job market and how you need to apply for a job in the Netherlands (i.e. job interview, CV writing, useful tips, insight into skills, etc.). At 12.30 we break for a typical Dutch lunch; all things you have always wanted to taste, but were afraid of buying! And of course we serve a glass of milk!

The afternoon programme starts at 13.15. The knowledge you have gained during the morning session will now be combined with the Dutch language. You will learn to introduce yourself in both social and business situations and we will practise with day-to-day examples to help you get to grips with the basics of Dutch and how to complete for instance certain forms that each and every foreigner encounters in Dutch society.

For the brave ones among us we will end on a high note with 'Haring & Jenever' (i.e. the typical Dutch raw herring and a traditional Dutch alcoholic beverage). But for those less brave we will have other options available too! At 16.00 is the closure and all participants will be given a bag with practical information that will make your life in this country slightly easier and certainly more enjoyable.



Target Group:

The main, but not the sole, target group for these workshops are partners of expatriates. We run two slightly different workshops, one with a focus on living in the Netherlands and one with a focus on working/job hunting in the Netherlands. Please specify your interest when registering..

We also run this course for special groups. Prices are available on request. CWI employees, Temporary Agency consultants or 'Bureau Buitenland' specialists from Universities can contact us for further information.

Workshop leaders:

Mrs Milo Bellaar Spruijt (www.itha.nl) and Mrs Nannette Ripmeester (www.labourmobility.com) bring almost 30 years of experience in working with non-Dutch people finding their way into Dutch society.

Workshop date & location:

The next workshop is run on: **28 June 2005** – this workshop is run with a focus on working/finding work in the Netherlands (10.00-16.00) Expertise in Labour Mobility Offices, Mathenesserlaan 255, 3021 HD Rotterdam, +31 (0)10-4776816, info@labourmobility.com

Workshop price:

165 Euro per person including information package and lunch and drinks (& herring!)

The guide *"Looking for work in the Netherlands"* is available for a reduced price



Dutch language programs for qualified foreigners